

A newsletter by the HELIOS Integration Learning Centers (ILCs) in Thessaly



IN THIS NEWSLETTER

FUN FACTS ABOUT AUGUST

- In the original Roman calendar, August was called "Sextilis", Latin for the sixth month.
- In a standard year, no other month starts on the same day as August.
- The first sandwich was made on August 6, 1762, when the Earl of Sandwich asked for a dish with meat between two pieces of bread.

- Fun Facts about August
- World Photography Day
- Quote of the month
- International Homeless Animals Day
- Welcome to the DRC Greece Helpline
- World Youth Day

WORLD PHOTOGRAPHY DAY

Photo is a word with a deep meaning, as it hides inside moments of happiness, pain or sadness, feelings, travels, imagination, love and of course art! With the term "photography", we refer to the art and science of creating visual images through the recording and recording of light, using appropriate devices (cameras). A very important day

is August 19, as it is the World Photography Day! There are photos that are true works of art, others that are historical testimonies, photos that can change a person's mood and emotions in just a few minutes, and photos that were taken by governments. Therefore, capturing the image on paper is one of the most important inventions of human civilization, a technological and scientific development. It is a new art form.

Upcoming photography exhibitions:

- **Karditsa:** You can find a photo exhibition at "Fanari, Karditsa", which will last until August 15th.
Opening hours: Monday-Friday: 11 a.m.–2 p.m. and 6–9 p.m. Saturday – Sunday: 10.30 am–2.30 p.m.
- **Trikala:** A dreamy photo exhibition will be hosted at the Research Center - Tsitsani Museum - Hall of the Old Prisons, from Sunday 21 to Tuesday 30 August 2022, which will have as its theme a unique beauty and plant behavior - the Native Orchid - which thrives in the surrounding area of Lake Karla and is currently in danger of extinction.
Opening hours: 09.00-15.00 and 18.00-21.00.

If you are interested in joining a photography club, find some information below:

- Larissa: Sotiriou Ziazia Center, Rodopis 48, 41335, Haravgi, Larissa (phone 6977583776)
- Karditsa: Karditsa Photography & Cinema Club, Nikolaou Plastira 48, Karditsa (phone 6973438137)
- Trikala: Trikala Photography Group, Alexandras 4, Trikala (email: trikala.foto@gmail.com)

Now, we have a mission for you! Please, do your best and send us a photo, sunset themed, and the best one will be shared in the next Newsletter. Looking forward for your photos!

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**“YOU ALWAYS PASS
FAILURE ON THE WAY
TO SUCCESS.”**

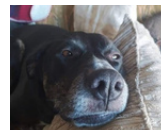
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INTERNATIONAL HOMELESS ANIMALS DAY

Established in 1992, the third Saturday of every August has been named International Homeless Animals Day in hopes of increasing awareness and creating solutions for the homeless pet population worldwide. The lives of homeless dogs and cats are far from easy, most struggling to survive each day without access to necessities such as food, clean water, and shelter. So how can you help be a part of the solution this International Homeless Animals Day? Below are a few of the many ways you can make a difference in the lives of homeless pets today:

Spay and neuter your pets! In addition to reducing the amount of unwanted offspring, these surgeries offer additional health and behavioral benefits. Adopt or foster!

Donate to a shelter or rescue! Some of the most helpful donations include donating your time and skills through volunteer work, donating pet food or other supplies to keep shelter pets healthy and happy, and donating financially.

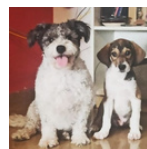


Spread the word! Since animals can't speak up for themselves, it is up to us to continue to raise awareness and educate the community on this critical issue.

Always ID your pet! Accidents can happen and sometimes pets get lost.

A big shout out to this group of brilliant volunteers: @adespotoiethelontes

Also, meet "Takis", a man who gave up everything he owns to save stray dogs: Click [here](#).



WELCOME TO THE DRC GREECE HELPLINE!

This Helpline was created to support Ukrainian refugees find the information and services they need. We also aim to support with more specific questions/queries upon capacity, identify protection concerns and make the appropriate referrals, including for legal aid and cases with specific inquiries related to specialized services (child protection, GBV inquiries).

If you have such a request, you can call the phone numbers below and once it is registered, the DRC teams will get back to you with all the available information relevant to your query.

You can contact us from Monday to Friday, between 09:30 and 16:30, through the following numbers:

- English and Greek speakers: 6948166386
- Ukrainian and Russian speakers: 6952220148 & 6945059151

WORLD YOUTH DAY

The UN General Assembly decided in 1990 to declare August 12 as International Youth Day, which will focus on the problems faced by young people around the world.

- The Municipality of **Larissa** continues this year for the 6th year the "CAMPING IN THE CITY" program. Children, aged 5-12, will have the opportunity to spend a happy summer full of experiences, to rest the spirit, to rejuvenate, to develop teamwork, solidarity, friendship, love for nature. The Camp operates from 07:30 a.m. to 3:00 p.m. in three periods: June 27 – July 15, July 18 – August 2 & August 17- September 2.
- Similarly, in **Karditsa** the summer "Open Philosophical School of Fanari Karditsa" organizes philosophical events with renowned lecturers, putting serious issues under discussion and encouraging the young people of the city to actively participate and place themselves in them. All philosophical evenings will take place in the high school yard, at the "Agios Nikolaos" location, at Fanari, Karditsa. The program of speeches is structured as follows:
 1. The theory of war in an anthropological and sociological approach". (Monday, August 8 at 8 p.m.)
 2. "The position of women today, in Greece and all around the world". (Tuesday, August 9 at 8 p.m.)
 3. "Today's historical present of humanity and its prospects" (Thursday, August 11 at 8 pm).
- The city of **Trikala** is organizing the Summer Reading Campaign named "Reading Routes...listen, see, learn, laugh!", at Trikala Municipal Library. The main goal of the Campaign is to turn local libraries into "creativity hives", taking advantage of readers of all ages and the natural environment around them. The program in detail is: September 1, 6.00 – 7.00 "Winged tracks", for children 6-12 years old & September 2, 10.00 – 11.00 "Memory Lanes – The return", for children 6-12 years old.

